



Youth Class
Timetable

Youth Classes

Monday		
	17:30	Junior Contemporary (6 - 11yrs)
	18:15	Stretch & Body Conditioning (all ages)
	18:30	Ballroom / Latin Practice
	19:30	Pole Fitness
Tuesday		
	19:00	Fitsteps
Thursday		
	15:45	Under 8yrs ballet and tap
	16:30	Ballroom, Latin, R & R & Hip Hop: 3 - 8 Years
	16:30	Ballroom / Latin above gold
	16:30	Musical Theatre
	17:15	Ballroom & Latin Beginner / Silver
	17:15	Contemporary
	18:00	Hip Hop under 12's
	18:00	Teenage / Adult Hip Hop over 12's
	18:45	Beginner Cheerleading
	19:30	Tap
Friday		
	19:15	Ballroom / Latin Practice
Saturday		
	09:15	Ballet & Tap 3-7 years
	09:15	Baby Ballet & Tap under 3 years
	10:00	Ballroom, Latin, Musical Theatre, & Hip Hop: 3 - 8 Years
	10:00	Cheerleading & Stunting All Ages
	10:45	Junior Competing Pom Cheerleading
	10:45	Beginner Cheerleading All Ages
	11:30	Junior Hip Hop Cheerleading
	11:30	Beginner Hip Hop all ages
	12:15	Junior Ballet, Contemporary
	13:00	Ballroom & Latin all ages
Sunday		



2016 Adult Class
Timetable

Adult Classes

Monday		
	19:00	Ballroom/Latin Practice
Tuesday		
	18:30	Pole Fitness Intermediate
	19:00	Fitsteps Solo Ballroom & Latin
	19:30	Pole Fitness Beginners
	20:00	Social Dancing
	21:45	Intermediate Ballroom, Latin
	20:00 - 22:30	Social Evening - Everyone Welcome
Wednesday		
	19:45	Bronze Ballroom, Latin & Sequence
	20:30	Absolute Beginners Ballroom, Latin, Rock & Roll and Sequence
	19:45 - 22:30	Social Evening - Everyone Welcome
Thursday		
	18:00	Teenage / Adult Hip Hop
	19:30	Belly Dancing
Friday		
	19:15	Ballroom/Latin Practice
Sunday		
	19:45	Bronze Ballroom, Latin & Sequence
	20:30	Absolute Beginners Ballroom, Latin, Rock & Roll and Sequence
	19:45 - 22:30	Social Evening - Everyone Welcome