

Silhouette Dance Club

161/163 BOUNDARY ROAD
ST HELENS
WA10 2LP

**Enquiries
&
Course Times**

Telephone

01744 20136 or 26338
Mob 07717 211159

Email

Silhouettedanceclub@hotmail.co.uk
www.silhouettedanceclub.co.uk

Club Times

PERSONAL LESSONS

by appointment

BOOK A PERSONAL LESSON TO
CATCH UP ON ALL THOSE
NEW DANCES

*Every year our children, some as young as
2 years up to adults take part in shows.
If you or your children are interested
please see
Marie for details*

Function Room...

AVAILABLE FOR FAMILY PARTIES,
WEDDINGS, CHRISTENINGS Etc.

*Marie & Kevin and her staff have over
33 years experience of events from
children's birthdays parties to
engagement celebrations, wedding
receptions & breakfasts*

*We can cater for all parties as small as
25*

*or as large as 150. Especially for
members*

*an all inclusive package of room hire,
catering of which a large range of
menus*

*are available including special dietary
needs.*

*Please contact Marie and Kevin for
details.*

Silhouette Dance Club



Marie & Kevin Smith

Silhouettedanceclub@hotmail.co.uk

Club Times

JUNIOR

MONDAY

7:00pm: Ballroom & Latin practice

5:30pm: Junior Contemporary 6yrs-11yrs

6:15pm: Stretch & Body conditioning

(all ages)

7:00-pm Advanced Hip Hop

TUESDAY-

7-00 pm-Fitsteps with Susie-(Ballroom & Latin no partners required)

THURSDAY:

3:45 pm-Ballet and Tap under 8yrs

4:30 pm-Rossette 3-8yrs (Ballroom,Cheer, Musical Theatre ,Street

4-:30 pm-Gold Level & above Ballroom & Latin

5:15 pm-Beginners & Bronze Ballroom & Latin

6:00 pm-Hip Hop under 12 yrs

6:00 pm- Hip Hop Teenage/Adult

6:45 pm-Cheerleading under 12yrs

6:45-pm Cheerleading over 12yrs

FRIDAY

7:15 pm-Ballroom and Latin Practice

JUNIOR Saturday

9:15 am-4yrs + Ballet & Tap

9:15 am-Under 3yrs Baby Ballet & Tap

10:00 am-Rossette 3-8yrs Ballroom, Musical theatre, cheer & Hip Hop

10:00 am-Cheerleading & stunting

10:45 am- Junior Pom/cheerleading

10:45 am- Beginners cheerleading all ages

11:30 am- Junior Hip Hop

11:30 am- beginner Hip Hop all ages

12:15 pm-Junior 6yrs-11yrs Ballet & Tap

12:15 pm Senior Ballet & Tap

Club Times

Adult

MONDAY

6:30 pm -Ballroom & Latin Practice

TUESDAY

6:30 pm- Pole fitness class intermediate/ advanced

7:00 pm - Fitsteps (no partners required)

7:30 pm- Pole fitness beginners

8:00 pm- 10-30 pm Social Dancing

8:30 pm-Improvers Ballroom, Latin, Sequence

9:45 pm-Bars and Stars Ballroom & Latin

8:00 pm -10-30 pm—Social Evening

WEDNESDAY

7.00 pm Yoga

7:45 pm-Bronze, Ballroom, Latin, salsa & Sequence

8:30 pm-Absolute Beginners Ballroom, Latin, Salsa Rock & Roll and Sequence

7:45 pm-10-30 pm—Social Evening
Everyone Welcome

THURSDAY

6:pm- Hip Hop/Street dance

8:15 pm- Belly Dancing

FRIDAY

7:15 pm Ballroom and Latin Practice

Sunday

7:45 pm-Bronze Ballroom, Latin & Sequence

8:30 pm-Absolute Beginners Ballroom, Latin, Salsa, Rock & Roll and Sequence

7:45-10-30 pm Social Evening
Everyone welcome